Nanny Daily Log

One sheet per child per day. Write the time, then what you saw.

EXAMPLE: the names and numbers are made up.

CHILD
Theo, 18 months

DATE
Tuesday 20 October 2026

CAREGIVER
Maya Johnson

ARRIVED AND LEFT
8:00 am to 5:30 pm

Time	Type	Details
8:05	Breakfast	Oatmeal with banana, ate most of it. Water in the sippy cup.
9:30	Activity	Walk to the park. Slide and sandbox for about an hour.
10:40	Diaper	Wet.
11:00	Snack	Apple slices and half a cheese stick.
12:15	Lunch	Pasta and peas. Ate most of the pasta, all the peas.
12:50	Diaper	Wet and dirty.
1:00	Nap	Down at 1:00, asleep in about 10 minutes, up at 2:40.
3:00	Snack	Yogurt and a few berries.
3:30	Activity	Painting with washable paint, then three books.
4:45	Diaper	Wet.

Mood and health

Cheerful all day. Slight runny nose after the nap, no fever that I could see. Cheek a little pink where he rubbed it.

Notes for tomorrow

Low on wipes. Swim class is at 10:00 tomorrow, so we need his swim bag by 9:30.

Caregiver initials

Parent initials

Not legal or tax advice.